



QT  
QT

adjusted

**2010** 3 Y State Time Standards - Tentative

<b>time standards</b>	<b>girls</b>	<i>8 &amp; Under</i> <b>event</b>	<b>boys</b>	<b>time standards</b>
1.30.09		100 Medley Relay		1.36.69
17.99*		25 Freestyle		16.79
38.39		50 Freestyle		38.59
1:29.99*		100 Freestyle		1.29.99*
20.99*		25 Backstroke		21.69
46.59		50 Backstroke		46.99*
23.59		25 Breaststroke		24.99*
51.99		50 Breaststroke		54.99
20.39*		25 Butterfly		21.59
48.99		50 Butterfly		54.99
1.40.29		100 Individual Medley		1:41.99*
1.15.99*		100 Freestyle Relay		1.22.49

<b>time standards</b>	<b>girls</b>	<i>9 &amp; 10</i> <b>event</b>	<b>boys</b>	<b>time standards</b>
2.33.79		200 Medley Relay		2.42.29
31.79		50 Freestyle		33.49
1.11.19		100 Freestyle		1.14.39
2.41.19		200 Freestyle		2.42.49
37.99*		50 Backstroke		38.79
1.22.99		100 Backstroke		1.24.89
42.09		50 Breaststroke		45.49*
1.32.79		100 Breaststroke		1.36.69
36.99		50 Butterfly		38.49
1.25.29		100 Butterfly		1.34.99*
1.22.69		100 Individual Medley		1.25.89
2.59.99*		200 Individual Medley		3.08.89
2.15.09		200 Freestyle Relay		2.20.39

<b>time standards</b>	<b>girls</b>	<i>11 &amp; 12</i> <b>event</b>	<b>boys</b>	<b>time standards</b>
2.14.09		200 Medley Relay		2.17.99*
28.99*		50 Freestyle		28.29
1.02.59*		100 Freestyle		1.01.89
2.18.99*		200 Freestyle		2.18.79
6.10.99*		500 Freestyle		6.19.99*
33.29		50 Backstroke		33.39
1.12.99*		100 Backstroke		1.13.19
37.69		50 Breaststroke		36.79
1.21.99*		100 Breaststroke		1.22.99*
32.99*		50 Butterfly		32.29
1.12.99*		100 Butterfly		1.17.69
1.12.99*		100 Individual Medley		1.12.29
2.36.99*		200 Individual Medley		2.42.99*
1.58.59*		200 Freestyle Relay		1.59.99*

time standards	girls	13 & 14 event	boys	time standards
2.05.59		200 Medley Relay		2.03.99
26.49		50 Freestyle		25.89*
57.79		100 Freestyle		56.69*
2.08.99*		200 Freestyle		2.07.29*
5.45.99*		500 Freestyle		5.41.69
1.05.79		100 Backstroke		1.06.19
2.21.79		200 Backstroke		2.24.99
1.15.59		100 Breaststroke		1.12.19
2.45.29		200 Breaststroke		2.38.29
1.06.19		100 Butterfly		1.06.89
2.43.19		200 Butterfly		2.47.39
2.25.99		200 Individual Medley		2.21.89
5.19.99*		400 Individual Medley		5.12.49
1.49.99		200 Freestyle Relay		1.51.49

time standards	girls	Open (11-19) event	boys	time standards
1.57.09		200 Medley Relay		1.49.29
4.15.69		400 Medley Relay		3.59.69
25.59		50 Freestyle		23.09
55.89		100 Freestyle		50.99*
2.02.99*		200 Freestyle		1.53.19*
5.33.19		500 Freestyle		5.13.09
11.35.09		1000 Freestyle		11.16.59
19.12.99		1650 Freestyle		19.12.99
1.02.99		100 Backstroke		59.09
2.19.09*		200 Backstroke		2.10.29
1.11.29		100 Breaststroke		1.05.19
2.38.19		200 Breaststroke		2.33.09*
1.02.79		100 Butterfly		55.99
2.27.29		200 Butterfly		2.21.49
2.20.19		200 Individual Medley		2.11.89
5.04.39		400 Individual Medley		4.47.59
1.45.49		200 Freestyle Relay		1.36.19
3.48.99		400 Freestyle Relay		3.33.29
8.26.29		800 Freestyle Relay		8.05.19

slower than last year's  
faster than last year's