

OCTOPI SPLASH

January 15-17, 2010

A+BB+B+C

25 Yards

- Approval #:** 2010-107WI
- Location:** Waunakee High School Pool
100 School Drive
Waunakee, WI 53597
- Facility:** Eight lanes, 25 yards flush deck, non-turbulence lane dividers and backstroke flags, with 18" height starting blocks. Pool is 7 ½ feet deep at starting blocks and 3 ½ feet at the shallow end. Please be advised that due to the depth of the non-starting end of the pool, the 2nd and 4th leg of the 100 yard relays will start in the water. **The Competition course has not been certified in accordance with 104.2.2(C).**
- Timing:** Colorado System with backup watches. All events are timed final. Computerized scoreboard for all lanes.
- Officials:** Meet Referee: Rodrigo Tarté. There will be a minimum of 3 USA certified officials present.
- Official Rules:** YMCA and/or USA swimming registered swimmers are invited to participate. Official 2010 Short Course USA Rules shall prevail for this meet. **This meet will use fly-over starts.**
- Warm-up:** Friday, **Session One:** Warm-ups 4:30-5:30 pm. Competition begins at 5:35 pm.
Saturday, **Session Two:** Warm-ups 7:00-8:00 am. Competition begins at 8:05 am.
Saturday, **Session Three:** 30 minutes for warm-ups before Session Three. Earliest possible start time for warm-ups will be sent to coaches the week before meet.
Saturday, **Session Four:** 45 minutes for warm-ups before Session Four. Earliest possible start time for warm-ups will be sent to coaches the week before meet.
Sunday, **Session Five:** Warm-ups 7:00-8:00 am. Competition begins at 8:05 am.
Sunday, **Session Six:** 45 minutes for warm-ups before Session Six. Earliest possible start time for warm-ups will be sent to coaches the week before meet.
- Warm-up procedures for all sessions besides **Session Three:** the first half is circle swimming with no racing starts. The second half, sprint lanes will be opened as needed. **Session Three** will be all circle swimming with no racing starts. FEET FIRST THREE-POINT ENTRY ONLY FROM THE STARTING END OF THE POOL, unless performing one way starts. Violators of the Wisconsin Swimming warm-up procedures may be subject to disqualifications. Lane assignments will be available in the coach's packets.
- Entry Chair:** Robin Berg
Madison East YMCA
711 Cottage Grove Road
Madison, WI 53716
E-Mail: robin.berg@ymcadanecounty.org
Phone: 608-221-1571
- Meet Director:** David Ruhde
E-Mail: meyomeet@gmail.com
Phone: 608-335-2678
- Entry Limit:** Swimmers may swim three (3) individual events per day or a maximum of seven (7) events for the meet, plus relays.
- Fees:** Individual events \$4.00 per event and \$12 per relay. \$3 LSC surcharge per swimmer. Entry fees must accompany the official entry forms and are not refundable. All fees must accompany entries. Checks should be made payable to the Madison East YMCA. Note: Please be sure the waiver is signed. We cannot accept entries without a waiver.

- Deck Entries:** The entry fee for deck entries will be \$5.00 per individual event (\$14.00 for relays). Deck entries will be allowed to fill open lanes (additional heats will not be added). Deck entries close 30 minutes prior to the start of the session.
- Entry Deadline:** Completed entry form, waiver, and fees must be received no later than January 04, 2010 by the entry chair. No phone entries will be accepted. This meet is being run with Hy-Tek swim software. Teams wishing to submit their entries via disk are encouraged to do so. No seed times will be changed once the entry chair has seeded the meet.
- Clerk of Course:** All 8 and Unders will be required to be staged through the Clerk of Course and will be escorted into the pool area.
- Positive Check-In:** Positive check-in will be required for the following events: 500 freestyle, 1000 freestyle, 1650 freestyle, and 400 IM. Swimmers not checked in 15 minutes after the start of the session warm-ups will be scratched from the event. These events may be limited to the top 40 swimmers (combined total for event) and will be swum fastest to slowest. Positive check-in station will be located at the admissions table. Seeding for these events will be posted in the pool area and a copy given to each coach. Any swimmer unable to compete due to the limitation will be refunded the entry fee for this event or may deck enter for an event that has open lanes (additional heats will not be added).
- Consolidation:** To expedite the meet and provide the best competition forum for swimmers, within each session, the following events will be seeded and combined without regard to age or gender and swum fastest to slowest: 500 freestyle, 1000 freestyle, 1650 freestyle, and 400 IM. **Entries for 400 yard events or longer should be submitted with an estimated swim time, even for NT swimmers, to allow meet management to seed swimmers appropriately.**
- Swimmer with Disabilities:** If you have any swimmers with special needs, please notify the Meet Director by e-mail or phone no later than Friday, January 8, 2010.
- Admissions:** Friday, Spectators over 13 year of age are \$1.00 and the heat sheets \$1.00. Saturday/Sunday, Spectators over 13 years of age are \$3. Heat sheets are \$3.
- Final Results:** One copy of final results will be sent to each team represented. Teams will be responsible to pick up their commlinked disk following the completion of the meet. No awards or disks will be mailed with the final results.
- Rest Area:** The commons/lunchroom area will be used as a rest area for swimmers. Please inform your swimmers that no running, throwing or rough play will be tolerated for safety reasons. Teams are responsible for cleaning up their areas at the end of the meet.
- Concessions:** A concession stand with a wide and delicious variety of food and beverages will be available on Saturday and Sunday, with limited concessions on Friday night.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals shall have the authority to remove any swimmer(s) from the meet for any violation such as improper behavior, damage to property, etc. Such teams are responsible financially for damage of property. Cell phones and other recording devices are not allowed in the locker rooms. There shall be No Smoking permitted at any time on the premises. Please make sure your team's area on deck and rest area is picked up at the end of each session.

Awards: The awards will be handed out at the meet and must be picked up. No awards will be mailed.

Awards will be given for individual events as follows:

A Class: 1st place – Medal / 2nd – 6th place Ribbons

BB Class: 1st place and Overachievers – Medals / 2nd – 6th place Ribbons

B Class: 1st place and Overachievers – Medals / 2nd – 8th place Ribbons

C Class: 1st place and Overachievers – Medals / 2nd – 8th place Ribbons

8 & Under: 1st – 3rd place Medals / 4th - 16th place Ribbons.

Open: 1st – 3rd place Medals / 4th - 12th place Ribbons

Awards will be given for relay events as follows:

1st – 3^h Ribbons

All classes swim together. Each class will be awarded separately with achievers receiving medals. Swimmers are placed in the appropriate class based upon their entry times.

Relay Cards: Relay cards will be in the coach's packet. Cards must list the swimmers' last and first names (names must be listed in order of swim) and the ages of the swimmers.

Coaches Packet: Coaches may pick up their packets at the Admissions Table. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your U.S.A. coach's card at the time you pick up your team packet. Coach's cards must be visible at all times on deck. Coaches and officials will have access to a hospitality room with food, snacks and beverages. Deck seeding slips will be placed in the coaches packets or available in the office and should be filled out completely

First Aid: Injuries must be reported to the Lifeguard AND to the Meet Director. A first aid kit will be located at the Lifeguard station.

Lost & Found: An area for lost and found will be designated at the meet. After the meet contact Robin Berg, Aquatics Director, at 608-221-1571.

Swim Supplies: Simply Swimming will be on site Saturday-Sunday to provide swim accessories and supplies.

Hotel Info: Country Inn and Suites
904 E. MAIN ST.
WAUNAKEE, WI 53597
(608) 849-6900

WAIVER

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assigns, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of the United States Swimming, the Madison East YMCA Swim Club, the Swim Parents Association, the Waunakee High School and their staffs for the injuries and/or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Club Name: _____ Initials: _____

Signature of Club Official, Parent or Guardian (final results will be mailed to this address)

Name: _____ Phone: _____
Address: _____ E-Mail: _____
City, State, Zip: _____

Name of coach(es) or team representative(s) at meet: _____

Name and address for sending final results

Name: _____

Street: _____

City: _____ State: _____ Zip: _____

Entry Fee Recap: _____ Individual Events x \$4.00 = \$ _____
_____ Relay Teams x \$12 = \$ _____

TOTAL EVENT FEES = \$ _____

LESS RESERVATION = - \$ _____

A: ADDITIONAL OWED A: \$ _____*

**If reservation amount is more than the event fees, write zero (0) on line A.*

_____ LSC Surcharge x \$3 = B: \$ _____

TOTAL OF LINES A & B = \$ _____

Entry Deadline: Monday, January 4, 2010

Email Entries to: robin.berg@ymcadanecounty.org

Make checks payable to: **Madison East YMCA**

Mail entries to: Robin Berg
Madison East YMCA
711 Cottage Grove Road
Madison, WI 53716

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| Women's Event # | FRIDAY (Session 1) ORDER OF EVENTS | Men's Event # |
|-----------------|---------------------------------------|---------------|
| 1 | Open Mixed 400 Yd IM | 2 |
| | <i>**Optional 15 minute break**</i> | |
| 3 | 10&Under 200 Yd IM | 4 |
| 5 | 11-12 200 Yd IM | 6 |
| | <i>**Optional 15 minute break**</i> | |
| 7 | Open Mixed 1650 Yd Freestyle* | 8 |
| | <i>*May be limited to 5 Heats</i> | |

** Breaks with open pool may be provided before the 500, 1000, 1650 and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in the 500, 1000, 1650 events need to provide their own counters. Swimmers not checked in 15 minutes after the start of session warm-ups will be scratched from the event. These events may be limited to top 40 swimmers (combined total for event) and will be swum fastest to slowest. Any swimmer unable to compete due to the limitation, will be refunded the entry fee for this event or may deck enter where lanes are available (additional heats will not be added).

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| Women's Event # | SATURDAY (Session 2) AM ORDER OF EVENTS | Men's Event # |
|-----------------|--------------------------------------------|---------------|
| 9 | 8 & Under 100 Yd Medley Relay | 10 |
| 11 | 13-14 200 Yd Medley Relay | 12 |
| 13 | Open 200 Yd Medley Relay | 14 |
| | <i>**Optional 5 minute break**</i> | |
| 15 | 13-14 200 Yd Backstroke | 16 |
| 17 | Open 200 Yd Backstroke | 18 |
| 19 | 8&Under 25 Yd Backstroke | 20 |
| 21 | 13-14 50 Yd Freestyle | 22 |
| 23 | Open 50 Yd Freestyle | 24 |
| 25 | 8&U 50 Yd Freestyle | 26 |
| 27 | 13-14 100 Yd Breaststroke | 28 |
| 29 | Open 100 Yd Breaststroke | 30 |
| 31 | 8&Under 25 Yd Breaststroke | 32 |
| 33 | 13-14 200 Yd Freestyle | 34 |
| 35 | Open 200 Yd Freestyle | 36 |
| 37 | 8&Under 50 Yd Butterfly | 38 |
| 39 | 13-14 100 Yd Butterfly | 40 |
| 41 | Open 100 Yd Butterfly | 42 |
| 43 | 8&Under 100 Yd IM | 44 |
| 45 | 13-14 200 Yd IM | 46 |
| 47 | Open 200 Yd IM | 48 |

| Women's Event # | SATURDAY (Session 3) ORDER OF EVENTS | Men's Event # |
|-----------------|-----------------------------------------|---------------|
| 49 | Open Mixed 1000 Yd Freestyle* | 50 |
| | <i>*May be limited to 5 Heats</i> | |

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| Women's Event # | SATURDAY (Session 4) PM ORDER OF EVENTS | Men's Event # |
|-----------------|--------------------------------------------|---------------|
| 51 | 10 & Under 200 Yd Medley Relay | 52 |
| 53 | 12 & Under 200 Yd Medley Relay | 54 |
| | <i>**Optional 5 minute break**</i> | |
| 55 | 10&Under 50 Yd Backstroke | 56 |
| 57 | 11-12 100 Yd Backstroke | 58 |
| 59 | 10&Under 100 Yd Freestyle | 60 |
| 61 | 11-12 50 Yd Freestyle | 62 |
| 63 | 10&Under 50 Yd Breaststroke | 64 |
| 65 | 11-12 200 Yd Breaststroke | 66 |
| 67 | 10&Under 100 Yd Butterfly | 68 |
| 69 | 11-12 50 Yd Butterfly | 70 |
| 71 | 10&Under 200 Yd Freestyle | 72 |
| 73 | 11-12 200 Yd Freestyle | 74 |

** Breaks with open pool may be provided before the 500, 1000, 1650 and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in the 500, 1000, 1650 events need to provide their own counters. Swimmers not checked in 15 minutes after the start of session warm-ups will be scratched from the event. These events may be limited to top 40 swimmers (combined total for event) and will be swum fastest to slowest. Any swimmer unable to compete due to the limitation, will be refunded the entry fee for this event or may deck enter where lanes are available (additional heats will not be added).

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| Women's Event # | SUNDAY (Session 5) AM ORDER OF EVENTS | Men's Event # |
|-----------------|------------------------------------------|---------------|
| 75 | 8 & Under 100 Yd Free Relay | 76 |
| 77 | 13-14 200 Yd Free Relay | 78 |
| 79 | Open 200 Yd Free Relay | 80 |
| | <i>**Optional 15 minute break**</i> | |
| 81 | 8&Under 50 Yd Backstroke | 82 |
| 83 | 13-14 100 Yd Backstroke | 84 |
| 85 | Open 100 Yd Backstroke | 86 |
| 87 | 8&U 25 Yd Freestyle | 88 |
| 89 | 13-14 200 Yd Breaststroke | 90 |
| 91 | Open 200 Yd Breaststroke | 92 |
| 93 | 8&Under 50 Yd Breaststroke | 94 |
| 95 | 13-14 100 Yd Freestyle | 96 |
| 97 | Open 100 Yd Freestyle | 98 |
| 99 | 8&Under 25 Yd Butterfly | 100 |
| 101 | 13-14 200 Yd Butterfly | 102 |
| 103 | Open 200 Yd Butterfly | 104 |
| 105 | 8&Under 100 Yd Free | 106 |
| | <i>**Optional 15 minute break**</i> | |
| 107 | Open Mixed 500 Yd Freestyle* | 108 |
| | <i>*May be limited to 5 Heats</i> | |

| Women's Event # | SUNDAY (Session 6) PM ORDER OF EVENTS | Men's Event # |
|-----------------|------------------------------------------|---------------|
| 109 | 10 & Under 200 Yd Free Relay | 110 |
| 111 | 12 & Under 200 Yd Free Relay | 112 |
| | <i>**Optional 5 minute break**</i> | |
| 113 | 10&Under 100 Yd Backstroke | 114 |
| 115 | 11-12 50 Yd Backstroke | 116 |
| 117 | 10&Under 50 Yd Freestyle | 118 |
| 119 | 11-12 100 Yd Freestyle | 120 |
| 121 | 10&Under 100 Yd Breaststroke | 122 |
| 123 | 11-12 50 Yd Breaststroke | 124 |
| 125 | 10&Under 50 Yd Butterfly | 126 |
| 127 | 11-12 200 Yd Butterfly | 128 |
| 129 | 10&Under 100 Yd IM | 130 |
| 131 | 11-12 100 Yd IM | 132 |
| | <i>**Optional 15 minute break**</i> | |
| 133 | 12&Under Mixed 500 Yd Free* | 134 |
| | <i>*May be limited to 5 Heats</i> | |

** Breaks with open pool may be provided before the 1650, 1000, 500 free and 400 IM events. These breaks will be about 15 minutes minimum and are intended to give swimmers a chance to warm up before swimming. Swimmers in these events need to provide their own counters **and must check in at the heat sheet table** 30 minutes prior to the break.

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25 Yards

Team Name: _____

Team Code: _____

| LAST NAME | | AGE | EVENT | EVENT | EVENT | EVENT | EVENT | EVENT | EVENT | EVENT |
|------------|-----|-----|-------|-------|-------|-------|-------|-------|-------|-------|
| FIRST NAME | USS | F/M | TIME | TIME | TIME | TIME | TIME | TIME | TIME | TIME |
| 1. | | | | | | | | | | |
| 2. | | | | | | | | | | |
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| 9. | | | | | | | | | | |
| 10. | | | | | | | | | | |

| | | | | | | | |
|------------------------|---|---|---|-------------------|---|---|---|
| 1. 8&U 100 Yd. M.R. | A | B | C | 26. 10&U 200 M.R. | A | B | C |
| 2. Senior 200 Yd M.R. | A | B | C | 27. 12&U 200 M.R. | A | B | C |
| 49. 8&U 100 Yd. F.R. | A | B | C | 71. 10&U 200 F.R. | A | B | C |
| 50. Senior 200 Yd F.R. | A | B | C | 72. 12&U 200 F.R. | A | B | C |