

# Stevens Point Area YMCA Fall Invitational

*Sponsored by:*



- Dates:** November 7 & 8, 2009
- Location:** Stevens Point Area YMCA  
1000 Division Street  
Stevens Point, WI 54481
- Facility:** 25 yard pool, non-turbulent lane dividers with 15 meter markers, 5'6" starting depth with 27" high starting platforms. The water temperature will be kept within a range of 80-81 degrees, and the air temperature will be maintained between 76-78 degrees with 50% relative humidity.
- Timing System:** IST timing system with Aquagrip touchpads at both ends, IST projection scoreboard, and Hy-TEK scoring software will be used in addition to manual stopwatches using two timers per lane.
- Rules:** YMCA swim teams only. YMCA Swimming rules prevail for the meet. Swimmers' ages calculated as of November 7, 2009.
- Entries:** Swimmers are limited to participation in 3 individual events per day plus relays. Coaches are encouraged to email HyTek entry files with text summary. Once emailed entries are confirmed, no hard copy or disk will be necessary.
- Entry Fees:** \$3.50 per individual event and \$12.00 per relay. Checks should be made payable to the Stevens Point Area YMCA. Entry fee checks and waivers may be brought to the meet.
- Awards:** All Events: Medals 1<sup>st</sup>-3<sup>rd</sup>, Ribbons 4<sup>th</sup>-12<sup>th</sup>.  
  
Awards will be grouped by team and sent with the coaches at the conclusion of the meet. High Point Trophies will be offered to the top three swimmers in each age group.
- Admission:** Heat sheets cost \$4.
- Entry Deadline:** Entries must be received no later than November 2, 2009. The meet will be limited to 400 swimmers on a first-come, first-served basis.
- Conduct:** All teams will be responsible for the conduct of their own swimmers. The Meet Directors have the authority to disqualify swimmers found misbehaving.



*Order of Events — Saturday*

<b>GIRLS</b>	<b>Age Group</b>	<b>Event</b>	<b>Boys</b>
1	8 & U	100 Medley Relay	2
3	9-10	200 Medley Relay	4
5	8 & U	25 Back	6
7	9-10	50 Back	8
9	8 & U	50 Free	10
11	9-10	100 Free	12
13	8 & U	25 Fly	14
15	9-10	50 Fly	16
17	8 & U	50 Breast	18
19	9-10	100 Breast	20

1 HOUR WARM-UP WILL START IMMEDIATELY AFTER AM session.

21	11-12	200 Medley Relay	22
23	Open	200 Medley Relay	24
25	13-14	200 Medley Relay	26
27	11-12	50 Back	28
29	15-18	100 Back	30
31	13-14	100 Back	32
33	11-12	100 Free	34
35	15-18	100 Free	36
37	13-14	100 Free	38
39	11-12	50 Fly	40
41	15-18	100 Fly	42
43	13-14	100 Fly	44
45	11-12	100 Breast	46
47	15-18	200 Breast	48
49	13-14	200 Breast	50

*Order of Events — Sunday*

<b>GIRLS</b>	<b>Age Group</b>	<b>Event</b>	<b>Boys</b>
51	8 & U	100 Free Relay	52
53	9-10	200 Free Relay	54
55	8 & U	50 Back	56
57	9-10	100 Back	58
59	8 & U	25 Free	60
61	9-10	50 Free	62
63	8 & U	100 IM	64
65	9-10	100 IM	66
67	8 & U	25 Breast	68
69	9-10	50 Breast	70

**1 HOUR WARM-UP WILL START IMMEDIATELY AFTER AM session.**

71	11-12	200 Free Relay	72
73	Open	200 Free Relay	74
75	13-14	200 Free Relay	76
77	11-12	100 Back	78
79	15-18	200 Back	80
81	13-14	200 Back	82
83	11-12	50 Free	84
85	15-18	50 Free	86
87	13-14	50 Free	88
89	11-12	100 IM	90
91	15-18	200 IM	92
93	13-14	200 IM	94
95	11-12	50 Breast	96
97	15-18	100 Breast	98
99	13-14	100 Breast	100

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## WAIVER FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims, against the Stevens Point YMCA and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet.

Team Name: \_\_\_\_\_ Initials \_\_\_\_\_

### Signature of Coach

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Entry Fees: \_\_\_\_\_ Individual Events x \$3.50=\$\_\_\_\_\_

\_\_\_\_\_ Relay Events x \$12.00 = \$\_\_\_\_\_

Total Entry Fees=\$\_\_\_\_\_

Mail Entries: Mail or hand deliver completed entry forms, waivers & fees to:  
Stevens Point Area YMCA  
Attn: Eric Demrow  
1000 Division Street  
Stevens Point, WI 54481

Zipped copies of entries may be emailed to: [edemrow@spymca.org](mailto:edemrow@spymca.org)